

SPINE DISORDERS TREATED

We provide a full spectrum of spine care, from conservative measures and pain management to endoscopic spine procedures and large scale reconstruction of spinal deformity.

- ▶ Ankylosing Spondylitis
- ▶ Arthritis
- ▶ Cauda Equine Syndrome
- ▶ Cervical Radiculopathy
- ▶ Degenerative Disc Disease
- ▶ Herniated Disc
- ▶ Low Back Pain / Disability
- ▶ Myelopathy
- ▶ Osteoporotic Spine Fracture
- ▶ Sciatica
- ▶ Scoliosis
- ▶ Spine Cord Injury
- ▶ Spinal Stenosis
- ▶ Spondylolisthesis
- ▶ Vertebroplasty / Kyphoplasty
- ▶ Whiplash



સંપૂર્ણ સ્વાસ્થ્ય એજ
શુભેચ્છા...



Care & Commitment

Shubhechha
SPINAL CLINIC

Our Team

Dr. Mrugank G. Merchant

Dr. Shaishav Shah

Dr. Jignesh Patel

Dr. Falguni Gupta

Dr. Mona Shah



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BACK AND NECK PAIN-YOU DON'T HAVE TO LIVE WITH IT.

Many people live with daily back and neck pain, perhaps from a pinched nerve or auto accident. They often assume - incorrectly - that their only choices are to suffer or undergo major surgery.

However, Dr. Shaishav Shah and his team have many levels of treatment options available to alleviate their discomfort. Whether a crushed disc or just chronic, nagging pain, we can treat all spine problems.

Most of the Spine Disorders can be Treated Conservatively

Around 80 percent of the people will suffer from back pain at some point in their lives. In fact, back pain is the second most common problem to seek medical consultation after cough and cold.

Many people, however, believe that only two options remain - surgery or simply living the pain. In most cases, that's not true.



OPERATIVE & NON OPERATIVE OPTIONS

Verterac's Traction for LS Spine & Cervical Spine for Mild to Unadrate discs problem

NON - SURGICAL TREATMENT

About 90 percent of the patients treated become pain-free and functional without surgery.

Non - Surgical treatments typically involve several therapies over the course of six weeks to six months.

- ▶ Physical Therapy
- ▶ Rehabilitation
- ▶ Spinal Injection
- ▶ Nerve Block



When Surgery is Necessary

If Surgery is required, Dr. Shaishav Shah is specially trained in spine procedures.

The Surgeon may offer traditional, microscopic or endoscopic spine surgery depending on the disease.

Endoscopic Spine Surgery

Performed through small incisions, this technique often results in less pain and faster recovery for patients.

Benefits of endoscopic spine surgery:

- ▶ Less pain
- ▶ Fewer pain killers required
- ▶ Less injury and less scarring
- ▶ Faster recovery
- ▶ Shorter hospital stay

