

MAMMOGRAM

Mammogram is a X-ray of the breast obtained, one from the side and one from above. The breast is placed between two plates to get a clear picture. If required an additional X-ray is obtained. At times biopsy may also be required.

RISK

Mammography examination performed on a dedicated mammography unit is a low-dose technique and the amount of radiation that the patient is exposed to is a bare minimum.

MAMMOGRAPHY- WHY ?

Mammography examination is performed for all types of breast diseases.

If you notice any of the following changes in your breast a mammography examination should be obtained.

- Lump
- Feeling of thickening or a hard knot
- Pain in the breast
- Nipple or skin retraction(Inward pulling)
- Discharge from nipple

Though mammography is a useful investigation in all kinds of breast diseases, its real value is for early detection of breast cancer. So early that it can detect a small lesion which is not felt on clinical examination.



BREAST CANCER

Breast cancer is the commonest cancer in women. Breast cancer can affect any woman. It is not necessary for anybody in the family to have been affected before. Approximately, five women out of hundred suffer from it during their life time.

This chances of breast cancer increases with advancing age. It is seen in women of all ages and can occur even in women below the age of 35. Thus every woman is at risk of getting breast cancer.

The risk of breast cancer increases :

- If there is a history of breast cancer in a close family relative (Mother, Sister, Daughter)
- If the first delivery was after the age of 30
- If you do not have children
- If your menstruation started before the age of 13
- If you are still menstruating after the age of 50
- If your previous mammogram showed any abnormality

Successful treatment is possible if it is detected early, before it has spread to other organs. When breast cancer is detected and treated early, a woman has wider treatment choices and a good chance of cure. Moreover, extensive surgery can be avoided and the breast can be preserved. With early treatment, the patient's life can be prolonged and suffering can be reduced.

And the key to this early diagnosis is MAMMOGRAPHY.

MAMMOGRAPHY - WHEN?

AGE	SUGGESTED STUDY
35-40 Years	Once (Baseline) & then if required
40-50 Years	Once Every 1-2 Years
Above 50 Years	Yearly

It is not adequate to undergo mammography only once. Regular mammography is essential. This increases safety. Don't wait until you have some problem or feel a lump in breast. Because with this investigation early breast cancer detection is possible before you or your doctor discover any abnormality.

PREPARATION

No special preparation is required for mammography.

Do not apply any powder, perfume or deodorant to the region of breast or deodorant to the region of breast or axilla on the day of examination.

Normally the whole procedure takes about 15-20 minutes.

SPECIALITIES

ACCIDENT & EMERGENCY

ANAESTHESIOLOGY

CARDIOLOGY

DERMATOLOGY

ENT

GENERAL SURGERY

GASTROENTEROLOGY

INTERNAL MEDICINE

JOINT REPLACEMENT

LAPAROSCOPY

MAXILLO FACIAL / HEAD & NECK SURGERY

NEPHROLOGY

NEUROLOGY / NEURO SURGERY

OBSTETRICS & GYNECOLOGY

ONCOLOGY & ONCO SURGERY

OPHTHALMOLOGY

ORTHOPAEDICS

PHYSIOTHERAPY

PLASTIC SURGERY

PSYCHIATRY

RADIOLOGY

UROLOGY

VASCULAR & ENDO VASCULAR SURGERY

REGULAR CLINICS

SPINE CLINIC

OSTEOPOROSIS CLINIC

DIABETES CLINIC

HYPERTENSION CLINIC

BREAST CLINIC

MENOPAUSE CLINIC

Shubhechha Multi Speciality Hospital was started in 2003. It has state-of-the-art high tech medical care facilities and with dedicated doctors manning round the clock provides our patients with world class treatment.

The Mammography examinations and interpretations will be handled by Dr. Nikhil Patel (Formerly of Taran Imaging Centre).

He has over 20 years of experience in this field and was one of the pioneer to start Mammography in Vadodara.



Care & Commitment

Shubhechha
Multispeciality Hospital

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Purple Crayon

DR. NIKHIL PATEL
MD (Radiodiagnosis)

MAMMOGRAPHY PATIENT'S INFORMATION



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